

Life Reset



The Voice
for the
Unvoiced

November Newsletter

Volume 5:2

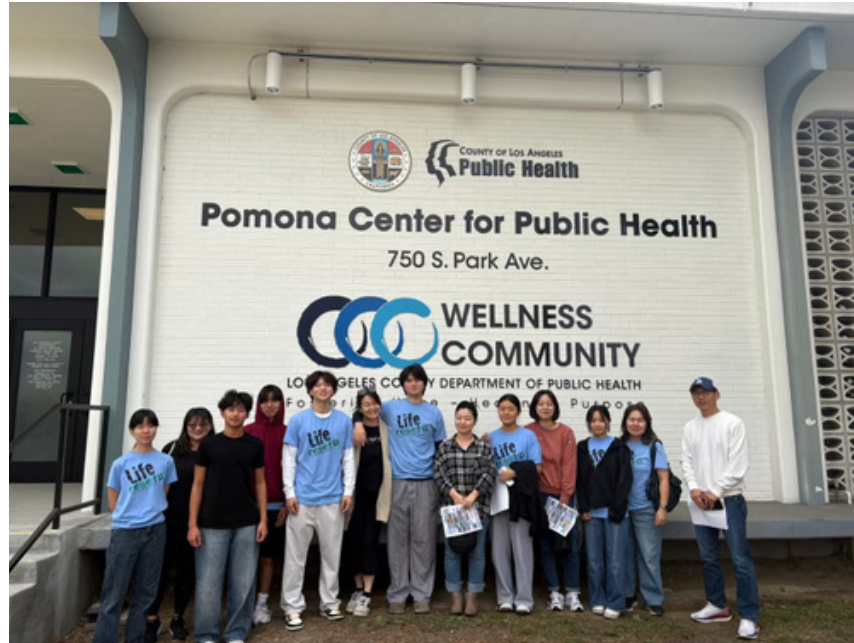
Thank you all for working so hard this November! It has been a pleasure working with you all helping the community, and I am excited to see what we will achieve in the months to come!



Editors Note

CPR at Pomona Center

On Saturday 2nd, we started November with training. After everyone was situated in a room, the teacher started her lecture. She taught us how to do non-mouth CPR and taught us the FAST acronym. We ended off by practicing on mock patients, performing CPR on all of them.



Gods Pantry

On the 16th, we went to Gods Pantry. Each of us worked for at least 2 hours sorting, and handing out food to homeless people. Though the line was around the block, we managed to keep up with the demand, helping as many people as we could.



On a sleepy Saturday morning, we all arrived at Hope for the Hills Park. Once we were given the word to start, we all began spreading out around the park. Whether it was trash grabbers, or just our bare gloves, we were all working tirelessly to pick up the trash. Once our time was up, and the job was done, we left the park satisfied knowing that we left it cleaner than we arrived.

Hope For the Hills



Hollywood Parade

On the first day of December, Life Reset members arrived in Hollywood. Once there, we collaborated with KAYPA, a Korean performing artists group, to put on the Korean part of the 92nd annual Hollywood Parade. Once given our clothes to wear, a handful of us were taken and practiced the drum beat they wanted us to play. Soon enough, we were performing with the group, putting on smiles and waving late into the night.



Upcoming Events

12/7/24, 8:30 AM - 12:00 PM: Gods
Pantry

12/7/24: Recycling due

12/14/24, 9:30 AM - 12:30 PM: Heal
the Bay Cleaning