

LIFE RESET INTERNATIONAL

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Youth Volunteering updates



February News, Events, and Updates:

Forum with Sedi

1/16/2021

Beach Cleaning @Corona Del Mar

2/20/2021

San Bernardino County Supervisor Curt Hagman Recognition for members

2/20/2021

FORUM WITH SEDIGHE SALEHI (SEDI)

1/16/2021



On 1/16/2021, a forum was held with Sedi who is a former Lesbos camp resident and now a translator for the people in the Refuge camp, was speaking out about her experience and what she had seen and experienced being a woman in the Middle East and on the Lesbos refuge Island. The topic was on "Women's human rights in the Middle East and the conditions of the Lesbos Island Refugee camp." Sedi shared with us that major gender disparities existed both in the Middle East and in the Island. She spoke about how woman were treated badly by men who used Islam as an excuse for their actions. Sedi emphasized the horrible treatment that woman faced, and still do face, and that it will continue to be a problem unless steps are taken by those in a position of power use their influence to help bring light on the issue of women's rights in not only the Middle East but in countries of first world privilege as well.

Forum with Sedi

Forum Paragraph by Junhee Kim

Women in Iran have limited freedom due to numerous restrictions set by their culture and the government. Sedi, who came from Iran, referred to women as slaves of men. Women have to stay at home to do housework while men go out to work. Men can choose whoever they want to marry, but women have no control over marriage. They do not know who their husband will be and how long their marriage will be considering that men can get married four times while wives must agree to the divorce. Also, women could not sing, dance, wear makeup, or even ride a bike. However, there is no restriction to stop men from doing anything they want. Sedi also stated that men see women as an object to use for satisfaction. She shared her personal experience at a refugee camp when she had a hard time adapting to the environment. Sedi could not get out or walk around the camp because of how boys and men stared at her as an instrument for their physical and mental satisfaction. Currently, Sedi lives in Greece where she feels like she is finally living the life she wanted to live. She emphasized on the freedom she has now that she no longer lives in Iran. In Iran, all she did was to make the public satisfied by obeying the guidelines. But now, she can do whatever she wants to do to satisfy herself. She is now no longer self-conscious about how others look at her. Sedi experienced how women are treated by men first handedly, and she claims that there is a major disparity between the two genders in the Islam culture.

Forum Paragraph by Ethan Lee

not being able to dance is really sad. That is what Sedi experienced when she was a child and a young adult. When Sedi was talking about her culture or life, she was talking about how she wanted to be a dancer. I thought that she would succeed in being a dancer and have a wonderful life. Unfortunately, she was in a different culture, and her culture restricted women from dancing. In America, we have the freedom to dance, sing, and do many more things. I also notice that people complain a lot in America. Well, not only in America but some people do complain a lot. Why are we complaining? We should be grateful for being allowed to dance and do many more things. Sedi's people should be complaining because they don't have the freedom to dance! What I am saying is that we should be grateful for what we have. Anyways, Thank you for reading on what I found most interesting on Sedi's experience.

Forum Paragraph by Shyam Arakere

In an interview with Sedi, a woman who has gone through the struggles of being a woman in the middle east and in the Lesbos Island Refugee camp, I was able to understand the gender disparities that were brought with being a woman in the Islamic nations of the middle east. Sedi told us that woman were forced into submission by their husbands and almost any other male. The men were given the power to treat women like tools and instruments due to their interpretation of Islamic law. Woman were forced to give their husbands what they pleased and keep them happy, otherwise, they were brutally punished. Those who upheld this irrational idea of Islamic law, were truly sexist, as the punishments were very one sided towards women. Men did not face nearly half the punishment for sins such as drinking, smoking, or even rape. I had asked Sedi the question- "Is the punishment the same for men if they break Islamic law." Without a moments hesitation, Sedi responded "No." She went on to explain that in Iran, men were punished for Drinking and not praying to Allah, but in Lesbos, the men did what they want without consequence. I had a follow up question of-"Do you think men are using Islam as an excuse to do all those bad things?" Sedi responded "a lot of them do." This is very horrific. These men say there are muslim, but they are tainting religion to commit crimes against innocent women. From this interview, I have learned a lot about the situation of women in the Middle East and Lesbos Camp.

LR RECOGNITION

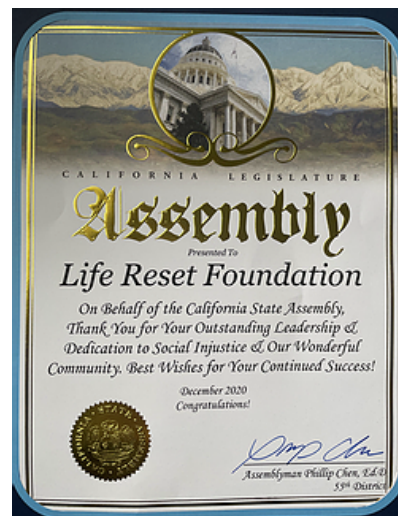
Recognition award Assemblyman Phillip Chen

We are extremely thrilled and delighted to receive such a prestigious award from the California Legislature. Thank you to the great work of our officers, members, board of advisors, and everyone who has contributed to this great cause. We received this recognition in December of 2020 due to the hard and diligent work of all our volunteers, and we proudly accept this recognition as a sign that we are headed in the right direction, and we hope to accomplish much more in the coming months. Thank You to all the members for your contribution and hard work!



Anyone can help LifeResetInternational, by submitting articles, donating, and even following our social media

Follow our Instagram @LIFERESETINTERNATIONAL



FEBRUARY EVENTS



Upcoming events

This month, we have a beach cleaning at Corona Del Mar on 2/20, and if you attend you can receive an award under California

Costal Commision and Heal the Bay . Also on 2/20 those who contributed to LifResetInternational and accrued enough service hours, will be recognized by the San Bernardino County Supervisor Curt Hagman Recognition for members.



Plogging

Plogging is a great way to help out your community, and conserve our natural environment! It is also a great way to stay in shape while being bennifical to your community.

Article of the Month



Deisha Son
Etiwanda High
12th grade

"Poverty, But in the streets"

When you hear of crises in California, you think of wildfires, protests, and scandals about Hollywood stars. What is quite often swept under the rug is homelessness, especially within the elderly. In the United States of America, there are approximately 567,715 people experiencing homelessness, and we can assume that the numbers are only increasing due to the economic impacts of COVID-19. Of the 567,715, California alone takes up about 27% of the homeless population. And of that 27%, almost half of the homeless population in California are over the age of 50. Unfortunately, these numbers are only increasing. Specifically, in ages 65 and older, homelessness is projected to triple and increase by 103% by 2030.

Why is homelessness so common, especially in California presently? California has been experiencing a housing crisis since the late 1900's, where there were not enough houses to support the rapidly growing population. In economic terms, there is more demand than supply of housing. Homelessness is extremely prevalent in older generations because housing prices are consistently increasing while incomes are staying stagnant. By the time older generations must retire, most pensions fall through and they lack the money for survival, so working becomes a must; however, with the rise in ageism, advancements in technology, and the increase in population, work becomes a less viable solution. As Los Angeles Mayor Garcetti said, homelessness is "the product of decades of failures. And bad decisions aren't just made — they accumulate. Decades of disinvestment and poor urban planning have conspired to limit our supply of affordable housing, reduce mental health services, lower the quality of education, gut our middle class, and allow addiction to take hold in too many lives."

The lack of shelter and homes directly correlates to the public health. Homeless people, no matter the age, struggle with malnutrition, stress, and lack of health care, but the elderly does not have the stamina to maintain their strength from such conditions.

They are also more susceptible to chronic conditions. Especially now, where a pandemic continues to rage on and masks become a necessity, the homeless population lack the resources to keep themselves safe.

According to the United States Interagency Council on Homelessness (USICH), the solutions to homelessness include increasing housing, integrating healthcare, building careers, fostering education communities, strengthening crisis response systems, reducing criminal justice involvement, building partnerships, and preventing homelessness.

The road to decreasing homelessness is quite extensive and arduous, and many efforts are being made through the government and shelters and rescue missions, like the Union Rescue Mission (URM) and Los Angeles Mission. The local government, for example, is consistently building new housing for the citizens of Los Angeles. In 2018, the government added 16,525 units of housing to L.A., which is three times more than any city in California. In addition, Union Rescue Mission executes their goal of aiding the homeless through their intensive recovery program, allowing the homeless to restart their lives, on the right track. These methods, though expensive and extensive, are necessary and proper for the rejuvenation of the streets of L.A.; however, this is not enough. The citizens of L.A., California, the United States of America, and all the world, must continue to work together to reduce homelessness and poverty, by first helping their local streets.

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